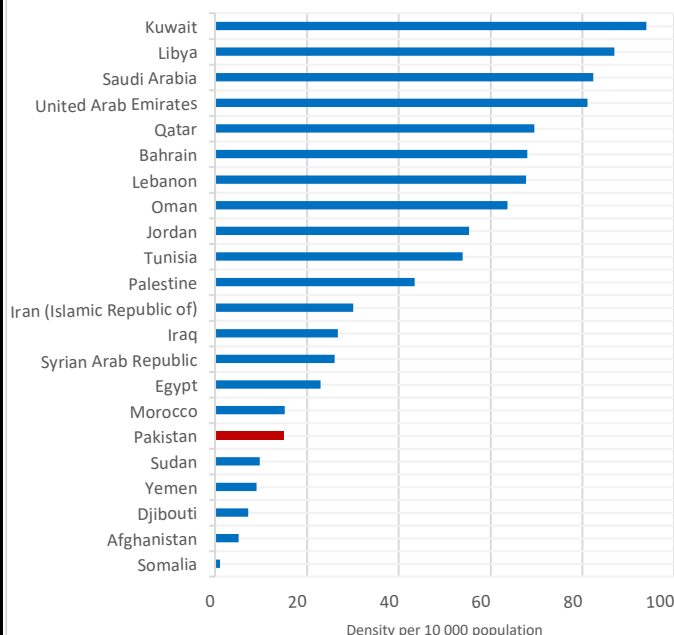




PAKISTAN AT A GLANCE¹

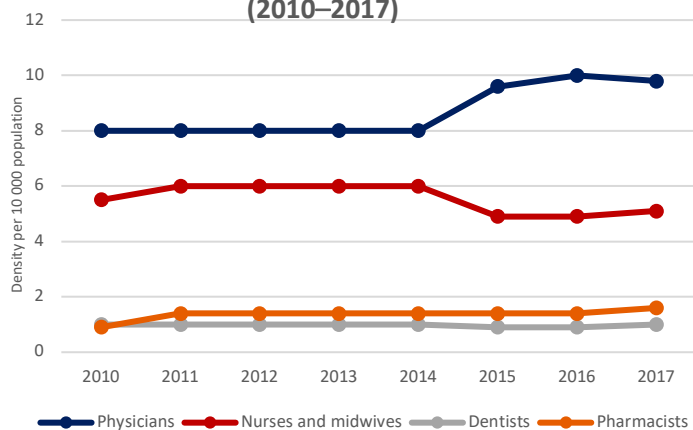
Total population (2020) ²	227 500 000
Gross national income per capita (PPP US\$, 2018) ³	5 860
Unemployment (% of total labour force) (2019) ³	3.02
Per capita total health expenditure (US\$ 2016) ⁴	45
Government health expenditure as % of general government expenditure (2016) ⁴	9.7
Out-of-pocket expenditure as % of total health expenditure (2016) ⁴	57.6
Universal health coverage index (2018) ⁵	47.5
Number of refugees (2019) ⁶	1 416 078
Number of internally displaced persons (2016)	44 8956
Maternal mortality ratio per 100 000 live births (2019) ⁷	140
Under-5 mortality rate per 1000 live births (2018) ⁸	74
Births attended by skilled health personnel (%) (2017)	69.3
Raised blood glucose (% , 18+ years) (2017)	12.4
Raised blood pressure (% , 18+ years) (2017)	30.5
Hepatitis B incidence rate per 100 000 (2017) ⁹	1 330

Density of physicians, nurses and midwives in countries of the Region (2017)



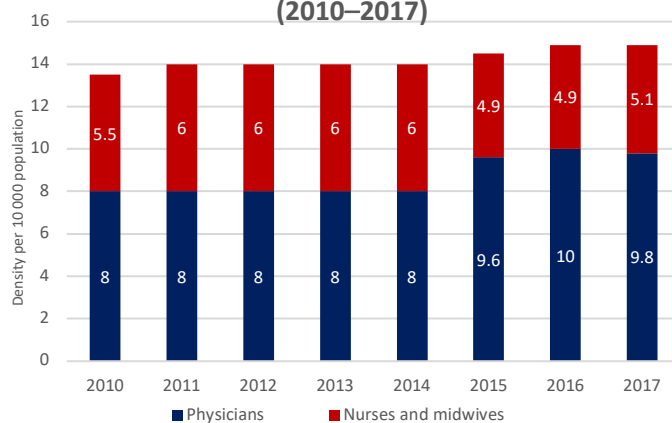
Source: Eastern Mediterranean Health Observatory.

Density of selected health professionals (2010–2017)



Source: Eastern Mediterranean Health Observatory.

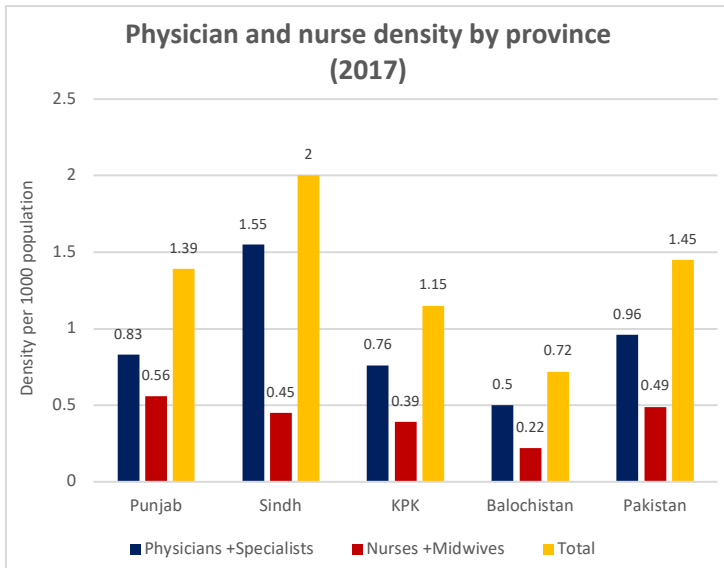
Density of physicians, nurses and midwives (2010–2017)



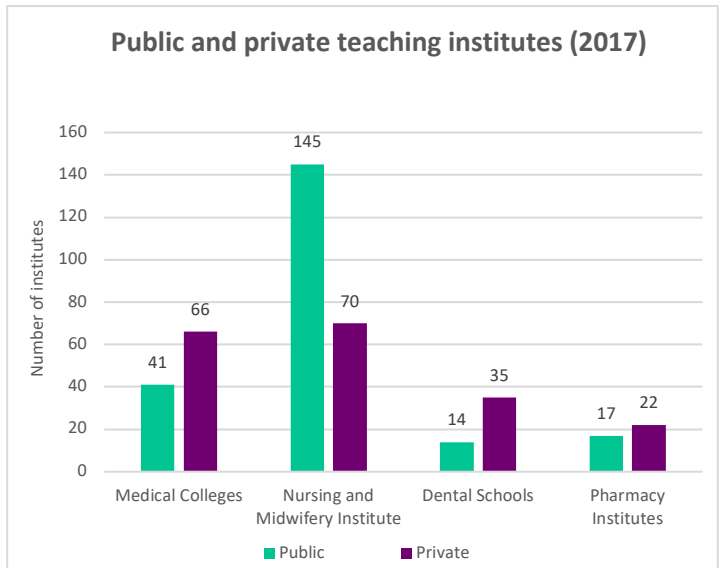
Source: Eastern Mediterranean Health Observatory.

KEY FACTS

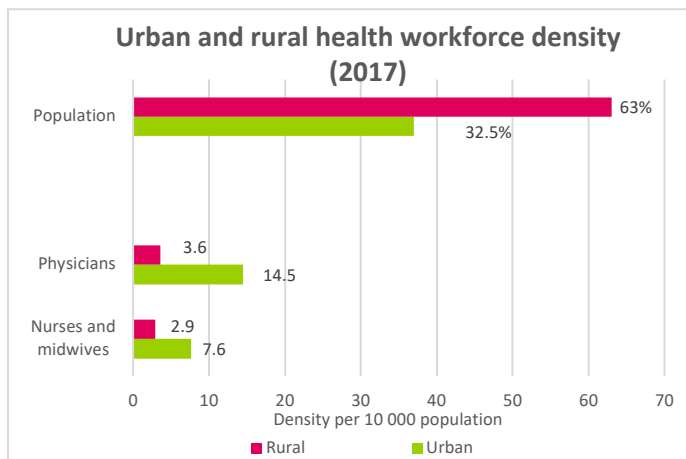
- Pakistan faces a critical shortage of health workers.
- Significant shortages of nurses characterized by more physicians than nurses in the country. Current production trend of more doctors than nurses every year implies a widening gap.
- Only about 5% of nurses have an education at the level of BSc or above.¹⁰
- A significant number of female physicians do not get into the labour force.
- Out-migration accounts for a high number of experienced health professionals.
- 19 910 (2018) Lady Health Visitors and 87 820 (2019) Lady Health Workers have ensured some basic preventive and promotive services in rural areas over the years.^{11,12}
- The national human resources for health vision was launched in 2018, and 2019 was announced as the Year of the Nurse in Pakistan.
- The physicians, dentists, nurses (midwives and Lady Health Visitors) pharmacists and Unani practitioners are regulated respectively by Pakistan Medical and Dental Council, Pakistan Nursing Council, Pharmacy Council of Pakistan, National Council for Tibb.



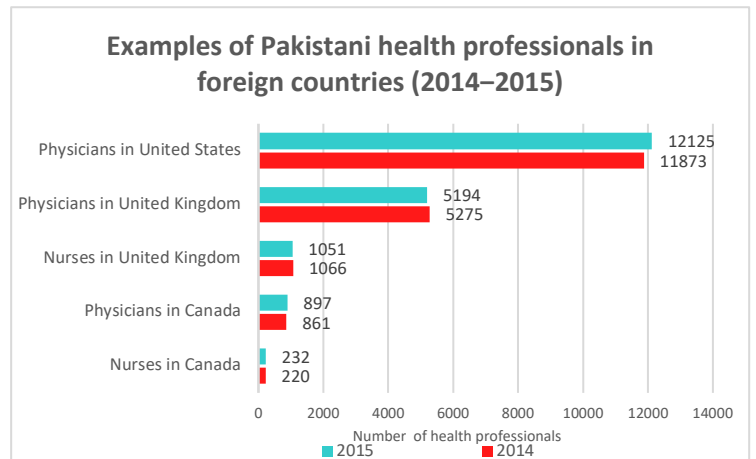
Khyber Pakhtunkhwa includes ex-FATA. Punjab includes Islamabad Capital Territory, Azad Jammu and Kashmir and Gilgit Baltistan.
Source: Ministry of National Health Services, Regulation and Coordination, Pakistan. Human Resources for Health Vision 2018-2030



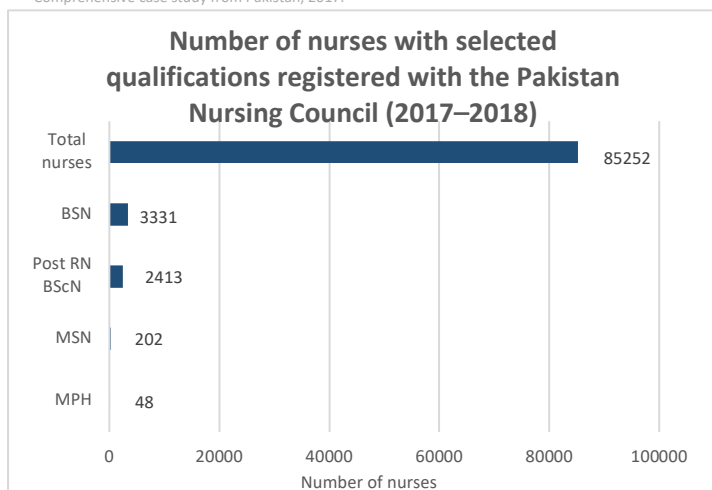
Source: Ministry of National Health Services, Regulation and Coordination, Pakistan. Human Resources for Health Vision 2018-2030.



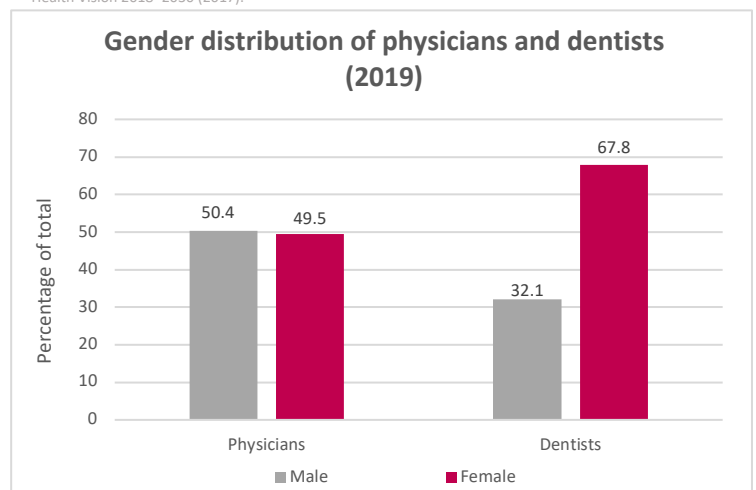
Source: Alliance for Health Policy and Systems Research, Primary Health Care Systems (PRIMASYS), Comprehensive case study from Pakistan, 2017.



Source: Ministry of National Health Services, Regulation and Coordination, Pakistan. Human Resources for Health Vision 2018-2030 (2017).



Source: Ministry of National Health Services, Regulation and Coordination, Pakistan. Human Resources for Health Vision 2018-2030 (2017) and Pakistan Nursing Council.



Source: Pakistan Medical and Dental Council, 2019.

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