# **Bahrain**: Health Systems Profile



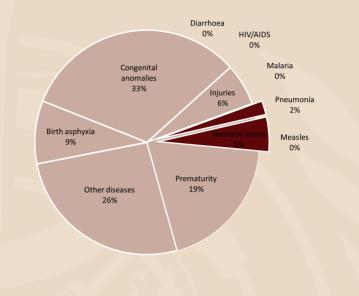
Health status (2013)		
Life expectancy at birth in years	total	77.0
	males	76.0
	females	78.0
Maternal mortality ratio per 100 000 live births	total	22.0

Communicable diseases (2014)	
Tuberculosis notification rate per 100 000 population	16.0
Incidence rate of malaria per 100 000 population	
Number of newly reported HIV cases	

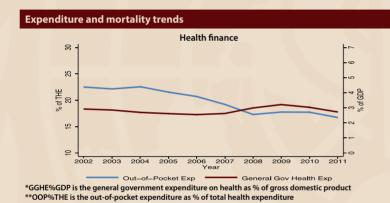
Behavioural risk factors			
Prevalence (%)	males	females	total
Current tobacco smoking (2011)*	7.1	42.7	30.3
Insufficient physical activity (2008-)			

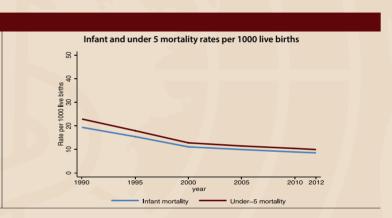
Metabolic risk factors			
2014 estimated prevalence (%)	males	females	total
Raised blood pressure		•••	19.2
Raised blood glucose		•••	17.3
Overweight		•••	71.7
Obesity			35.1

## Distribution of causes of death among children aged <5 years (%)



Communicable diseases are estimated to account for 49% of all deaths among children aged <5 years





Health system: selected coverage interventions		Health system: finance (2013)	
Antenatal care visits (4+ visits) (2013)	56.5	General government expenditure on health as % of general government	
Measles immunization coverage among 1-year-olds (2014)	100	expenditure	10.6
Treatment success rate of new bacteriologically confirmed TB cases (2014)	44	Out-of-pocket expenditure as % of total health expenditure	14.6
DPT3-containing vaccine / Pentavalent coverage group among children under 1		Per capita total health expenditure at exchange rate (US\$)	1067
year of age group (2014)	99		

Health system: workforce (2014)	Health system: information		
Health workforce per 10 000 population			
Physicians 27.6	Percentage of births registered 0.99		
Nurses/midwifes 52.07			
Dentists 4.413	Percentage of causes of death recorded 0.97		
Pharmacists 5.953			

Health system: medicines and medical devices (2013)		Health system: service delivery (infrastructure) (2014)	
Availability of selected essential medicines and medical products in health facilities (%)	public private	 Primary health care facilities per 10 000 population	0.2
Number of scanners (in public facilities) per million population <sup>c</sup>	CT MRI	 Hospital beds per 10 000 population	20.3

... No data available <sup>a</sup> International Classification of Diseases <sup>b</sup> Gross domestic product <sup>c</sup> Computed tomography (CT) and Magnetic resonance imaging (MRI)

Please note the data sources are in the attachment

<sup>\*</sup> Age-standardized estimated

## Health System Strengths, Weaknesses, Opportunities, Challenges, and Priorities - Bahrain 2015

#### Strengths Weaknesses · Committed leadership and a functioning high health council that · Lack of integration, communication and coordination within stewards the health system departments of the Ministry of Healthand the need for greater · Highly qualified national staff in public health transparency and accountability in decisions · Well established family practice programme providing • Capacity for long-term human resource planning needs to be comprehensive primary care services strengthened · Documented accessibility and coverage for health at almost 100% • Insufficient evidence for developing a health financing strategy of population that ensures risk protection to nationals and non-nationals Need to optimize allocation of resources between primary and · Good infrastructure in terms of advanced technologies and facilities hospital care for efficient delivery of services Need to establish home health care services to respond to ageing population · System of performance assessment and incentives has not be developed or implemented Need to strengthen health information systems including civil registration and vital statistics and promoting better use in decision making

## **Opportunities**

- Open political environment that encourages debate and discussion
- · Increased orientation towards privatization with strong regulation
- Strategic alliances with other organizations and strong collaborations with stakeholders.
- Investment in information and health technologies for improving efficiency
- Acknowledged role of service planning across the government

## Challenges

- Ongoing political transformation and associated pressures on the health sector
- Government control of finance is affecting system's responsiveness
- Demographic and epidemiological transitions with dramatic rise in noncommunicable diseasesand associated risk factors: obesity and tobacco consumption among men and women
- Consequences of an ageing population
- Negative media and unrealistic public expectations
- Attraction of staff to the private sector

### **Priorities**

- Strengthening the role of the public sector and better public-private partnership
- Focusing on improving accountability and transparency, leadership and governance, resource development, health service delivery and financing
- · Addressing new evolving scenarios including the changing role of the Ministry of Health
- · Dealing with the impact of globalization and managing partnership for health development
- Reconfiguring the health system to be able to address new epidemiological realities, by focusing on healthy lifestyle promotion in order to address noncommunicable diseasesand mental health disorders
- Sustaining and integrating surveillance system within the national health information system to monitor emerging and reemerging communicable diseases